



To: Parents/guardians and participants of the “Cooking Matters for Teens” classes

From: School-Based Youth Services Program, Classroom #33

Re: Attendance of parent/guardian at cooking classes

PGHS students have already signed-up for the Food Bank of South Jersey Cooking Classes at school. And we are very excited to have your student in our “Cooking Matters for Teens” classes! Two representatives from the Food Bank of South Jersey facilitate the cooking classes each week. This a six week program held after school on Wednesdays for 1.5 hours beginning October 12th. The classes will cover lessons on meal preparation and healthy and nutritious meals and snacks. The students will have the pleasure of cooking nutritional meals each Wednesday during these classes.

School Based is requesting the presence of the student’s parent or guardian at the cooking classes on October 26th, 2016 and/or November 16th, 2016. The students will be preparing meals for their families on these dates. Please come out to witness the skills the students are learning in the kitchen and enjoy a meal prepared with love for you!

**Parents/Guardians are invited to attend classes on
October 26, 2016 and November 16, 2016 at 6:00 -7:30 PM in classroom #69.**



Your presence at one or both of these classes would mean a lot to your child, we hope to see you there!

Click here to register for this event:

