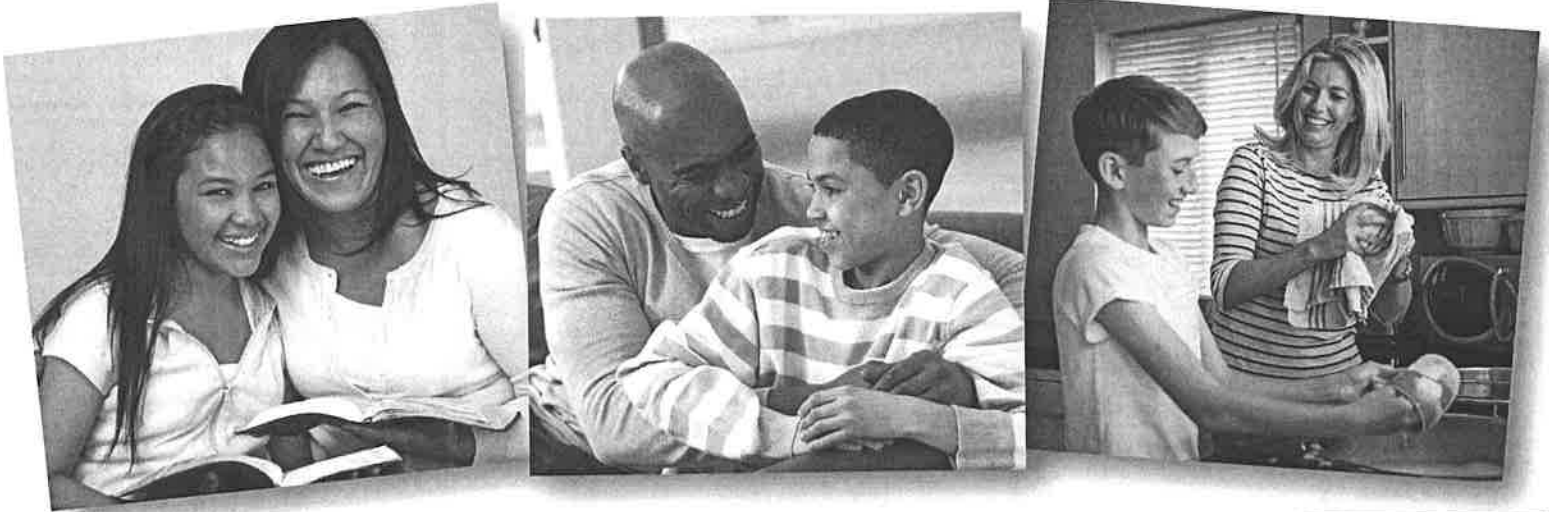


Parent Pointers

Calendar

Penns Grove-Carneys Point Regional SD



THE PARENT INSTITUTE December 2018 • January • February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December 2018						<p>1 Will your family celebrate a holiday this month? Ask your child to take the responsibility for one or two traditions.</p>
<p>2 Does your child study well with others? If so, let him start a study group.</p>	<p>3 What is the coldest place in the nation today? The warmest? Have your child look in the paper or online to find out.</p>	<p>4 Eliminate distractions and try not to interrupt your child during her homework time.</p>	<p>5 Ask your child to take photos during family events. This may build his interest in participating.</p>	<p>6 Look online or in the newspaper for a list of holiday events. Plan to attend one this month as a family.</p>	<p>7 Think of synonyms for words with your child. For example, a synonym for <i>talk</i> is <i>converse</i>.</p>	<p>8 Bake cookies with your child. If you're doubling a recipe, have her do the math.</p>
<p>9 Talk about how your family can do something for others.</p>	<p>10 Talk with your child about a choice you have made. Then talk about the consequences.</p>	<p>11 Help your child exercise his memory. What did he eat yesterday? Two days ago?</p>	<p>12 Limit drinks with caffeine at night. They can deprive your child of needed sleep.</p>	<p>13 Attendance at school is important. Don't let your child miss school or arrive late just because he's tired.</p>	<p>14 Before your child buys something, encourage her to compare prices and return policies.</p>	<p>15 If your child doesn't know how to do laundry, teach him. Feeling competent makes a middle schooler feel good.</p>
<p>16 Respect your child's privacy by knocking before you enter her room. It boosts self-esteem and independence.</p>	<p>17 If your child loses items, make him responsible for replacing them. He'll learn to be more careful.</p>	<p>18 Faced with a thorny situation? Try talking with other parents. Teachers can also be a good source of advice.</p>	<p>19 Choose a word and rearrange the letters in alphabetical order. Can your child figure out the word?</p>	<p>20 Write your child's name in a vertical column. Have her use each letter to begin a line of a poem.</p>	<p>21 Ask your child to plan and schedule a fun family night.</p>	<p>22 Encourage your child to talk to older relatives about their childhood days.</p>
<p>23 Give your child a hug today.</p>	<p>24 Read a favorite children's book aloud as a family.</p>	<p>25 Give the gift of time to your child. Time alone with a parent is important to kids.</p>	<p>26 Share stories about your family's history with your child.</p>	<p>27 Let your child overhear you say something positive about him to someone else.</p>	<p>28 Look for a skill you and your child can learn together. It's a fun way to get to know your child on a new level.</p>	<p>29 Have breakfast with your child today. Talk about what she likes best about her friends.</p>
<p>30 Ask your child for advice on a problem you are facing.</p>	<p>31 Help your child create a time line of the past year.</p>					

Middle School
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Parent Pointers

Calendar

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January						
		1 Help your child set a goal and write a plan to achieve it.	2 Encourage your child to start a diary or journal.	3 Encourage healthy eating. Allow your child to choose some fruits and vegetables at the grocery store.	4 Make a list of the best times you had during the last year. Schedule time on the calendar to do those activities again.	5 Ask everyone to write down two positive things about each member of the family. Don't forget to include yourself.
6 Ask your child to brainstorm dinner ideas for the week.	7 Compliment your child on something about his appearance today.	8 Ask your child: "If you could change one thing about the world, what would it be?"	9 Take turns making statements with your child. Identify each one as either <i>fact</i> or <i>opinion</i> .	10 Post an inspiring quotation where your child will see it.	11 Let your child invite friends to stay for a family dinner. It's a great way to learn more about her peer group.	12 Suggest that your child write a letter to a relative, author, lawmaker or celebrity.
13 Middle schoolers need time alone with their thoughts and feelings. Suggest activities your child can do alone.	14 After your child takes notes, have him review them for key ideas. He can draw a picture to illustrate them.	15 Try to have a rhyming conversation with your child. It may be tough at first, but you'll get better!	16 Make up trivia questions about your family. Quiz one another at the dinner table.	17 Let your child take over a responsibility you've previously done for her. Present it as a positive step.	18 Has it been a hard week at school for your child? Go out together for a treat.	19 Visit the library and check out two copies of the same book for you and your child to read.
20 If you're making a big purchase, have your child help you research options and make the best choice.	21 Tell your child that school is his job. It's more important than sports, hobbies and TV.	22 Point out an example of prejudice to your child. Talk about ways to deal with intolerance.	23 Figure out the average of something with your child, such as family members' ages.	24 Don't use problems with homework as an excuse to criticize or argue with your child about other issues.	25 Show your child her baby book. Talk about how special she was—and still is.	26 Try a new recipe with your child. This helps him practice following directions.
27 Learn a new word at breakfast. Challenge family members to use it three times during the day.	28 Encourage your child to write a thank-you note to a favorite teacher.	29 Praise your child when she has studied hard. This will encourage her to keep it up.	30 List your priorities in life, including family. Does your schedule reflect what's most important?	31 Ask your child to compare your family's values to those of TV or movie characters. How are they different or alike?	2019	

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Calendar

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
February 2019						
					1 Encourage your child to write a letter to the editor of a local newspaper on a topic that concerns him.	2 Allow your child to daydream. This builds imagination and problem-solving skills.
3 Talk to your child about the importance of good sportsmanship.	4 Power struggles don't work with middle schoolers. Too much parental control causes rebellion.	5 Notice and talk about the good qualities of your child's friends.	6 Ask your child to add two four-digit numbers. Can she figure the answer on paper before you can with a calculator?	7 Tell your child why you value education. Talk about your child's long-range goals.	8 Listen to a piece of music that has no lyrics. Have your child write his own words to the song.	9 Have your child do some road math. How long did a car trip take? How many miles were driven? What was your average speed?
10 Help your child think of tough situations she might face with friends. How would she handle them?	11 It's the birthday of Thomas Edison. Teach your child Edison's saying: "There's no substitute for hard work."	12 Is your child having a problem at school? Have him brainstorm ways he could solve it—without your help.	13 After your child goes to bed, leave a valentine where she'll see it when she wakes up tomorrow morning.	14 Have each family member prepare one part of a meal, then enjoy it together.	15 Look for a free concert or play you can attend with your family this weekend.	16 Spend 20 minutes on DEAR time today (Drop Everything and Read).
17 Look for an educational show on television to watch with your child tonight.	18 When helping your child with schoolwork, be positive, even if he gets discouraged.	19 Some middle schoolers are embarrassed by affection in public. But they still like hugs at home!	20 Have your child quiz you on a homework assignment. Thinking up questions will help her learn.	21 Share ideas with your child about the best ways to remember facts for a test.	22 Teach your child to ask <i>who</i> , <i>what</i> , <i>when</i> , <i>where</i> , <i>why</i> and <i>how</i> when doing research.	23 Have everyone in the family spend 30 minutes cleaning up the house. Many hands make light work.
24 Take a walk with your child and use all five senses to observe the world around you.	25 Read an editorial with your child. Tell him if you agree with the opinions stated. Ask what he thinks.	26 Encourage your child to keep a list of her activities and accomplishments.	27 Don't say, "I know how you feel." Middle schoolers believe their feelings are unique.	28 Ask your child: "If you could trade lives with somebody you know, who would it be? Why?"		

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