

**PENNS GROVE-CARNEYS POINT REGIONAL SCHOOL DISTRICT  
PAUL W. CARLETON SCHOOL  
BREAKFAST IN THE CLASSROOM MENU  
JANUARY 2019**

Breakfast is available to all students every day.

Choose at least 3 items: One item must be a vegetable fruit or fruit juice.

Paid Breakfast: \$1.50

Reduced Breakfast: \$.30

Variety of milk offered with breakfast: Low Fat White, Chocolate, Strawberry and Skim

<p><b>EMPLOYMENT OPPORTUNITIES!!</b> Substitute Food Service workers needed. Call (856) 299-6300 ext. 3225 for more information.</p>	<p><b>1</b> SCHOOL CLOSED: WINTER RECESS</p>	<p><b>2</b> Cereal Bowl Cinnamon Graham Goldfish Cracker Fruit Selection Milk</p>	<p><b>3</b> Cereal Kit Fruit Selection Milk</p>	<p><b>4</b> Bagel w/Cream Cheese Fruit Selection Milk</p>
<p><b>7</b> Cereal Bowl Cinnamon Graham Goldfish Cracker Fruit Selection Milk</p>	<p><b>8</b> Muffin w/Yogurt Fruit Selection Milk</p>	<p><b>9</b> Powdered Donut Minis Fruit Selection Milk</p>	<p><b>10</b> Cereal Kit Fruit Selection Milk</p>	<p><b>11</b> Cereal Bowl Cinnamon Graham Goldfish Cracker Fruit Selection Milk</p>
<p><b>14</b> Cereal Bowl Cinnamon Graham Goldfish Cracker Fruit Selection Milk</p>	<p><b>15</b> Muffin Cinnamon Graham Goldfish Cracker Fruit Selection Milk</p>	<p><b>16</b> Cinnamon Roll Fruit Selection Milk</p>	<p><b>17</b> Cereal Kit Fruit Selection Milk</p>	<p><b>18</b> Cereal Bowl Cinnamon Graham Goldfish Cracker Fruit Selection Milk</p>
<p><b>21</b> SCHOOL CLOSED: DR. MARTIN LUTHER KING, JR.</p>	<p><b>22</b> Cereal Bowl Cinnamon Graham Goldfish Cracker Fruit Selection Milk</p>	<p><b>23</b> Cinnamon Roll Fruit Selection Milk</p>	<p><b>24</b> Cereal Kit Fruit Selection Milk</p>	<p><b>25</b> Cereal Bowl Cinnamon Graham Goldfish Cracker Fruit Selection Milk</p>
<p><b>28</b> Cereal Bowl Cinnamon Graham Goldfish Cracker Fruit Selection Milk</p>	<p><b>29</b> Oatmeal Chocolate Chip Bar Fruit Selection Milk</p>	<p><b>30</b> Cereal Kit Fruit Selection Milk</p>	<p><b>31</b> Cereal Kit Fruit Selection Milk</p>	<p>This institution is an equal opportunity provider. ~~~~~ Esta institución es un proveedor que ofrece igualdad de oportunidades.</p>

CAUTION: Common food allergen triggers-such as, but not limited to, dairy, eggs, fish, milk, nuts, soy and wheat may have come in contact with some or all of the foods served due to cross-contamination possibility in manufacturing or service and preparation.

Menu Is Subject To Change

WEBSITE OF THE MONTH: [www.farmtoschool.org](http://www.farmtoschool.org)

Colleen M. Green, Food Service Director (856) 299-6300 Ext. 3225