

**PENNS GROVE-CARNEYS POINT REGIONAL SCHOOL DISTRICT
PAUL W. CARLETON SCHOOL
BREAKFAST IN THE CLASSROOM MENU
FEBRUARY 2019**

Breakfast is available to all students every day.

Choose at least 3 items: One item must be a vegetable fruit or fruit juice.

Paid Breakfast: \$1.50

Reduced Breakfast: \$.30

Variety of milk offered with breakfast: Low Fat White, Chocolate, Strawberry and Skim

EMPLOYMENT OPPORTUNITIES!! Substitute Food Service workers needed. Call (856) 299-6300 ext. 3225 for more information.				
				1 Cereal Bowl Cinnamon Graham Goldfish Cracker Fruit Selection Milk
4 Cereal Bowl Cinnamon Graham Goldfish Cracker Fruit Selection Milk	5 Muffin Cinnamon Graham Goldfish Cracker Fruit Selection Milk	6 Cereal Bowl Cinnamon Graham Goldfish Cracker Fruit Selection Milk	7 Cereal Kit Fruit Selection Milk	8 Cereal Bowl Cinnamon Graham Goldfish Cracker Fruit Selection Milk
11 Cereal Bowl Cinnamon Graham Goldfish Cracker Fruit Selection Milk	12 Oatmeal Chocolate Chip Bar Fruit Selection Milk	13 Cereal Kit Fruit Selection Milk	14 Cereal Bowl Cinnamon Graham Goldfish Cracker Fruit Selection Milk	15 SCHOOL CLOSED: LINCOLN'S BIRTHDAY
18 SCHOOL CLOSED: WASHINGTON'S BIRTHDAY	19 Cereal Bowl Cinnamon Graham Goldfish Cracker Fruit Selection Milk	20 Cereal Kit Fruit Selection Milk	21 Muffin Cinnamon Graham Goldfish Cracker Fruit Selection Milk	22 Cereal Bowl Cinnamon Graham Goldfish Cracker Fruit Selection Milk
25 Cereal Bowl Cinnamon Graham Goldfish Cracker Fruit Selection Milk	26 Cinnamon Bread Slice Fruit Selection Milk	27 Yogurt Cinnamon Graham Goldfish Cracker Fruit Selection Milk	28 Muffin Cinnamon Graham Goldfish Cracker Fruit Selection Milk	This institution is an equal opportunity provider. ~~~~~ Esta institución es un proveedor que ofrece igualdad de oportunidades.

CAUTION: Common food allergen triggers-such as, but not limited to, dairy, eggs, fish, milk, nuts, soy and wheat may have come in contact with some or all of the foods served due to cross-contamination possibility in manufacturing or service and preparation.

Menu Is Subject To Change

WEBSITE OF THE MONTH: www.cdc.gov/flu

Colleen M. Green, Food Service Director (856) 299-6300 Ext. 3225