

Penns Grove-Carneys Point Food and Nutrition Service
"We Serve Food For Thought"

Middle School Breakfast Menu

Breakfast is served every day at 7:30 a.m. in the cafeteria.

Daily Breakfast Options

Choose one (1) from this group:

Assorted Cereal Bowl w/Graham Crackers
WG Waffles
WG Pancakes
Muffin
Pop Tart
Fruit Frudel
Hot Breakfast Sandwich: Tuesday and Friday

Choose one (1) from this group:

Assorted 100% Fruit Juices
Assorted Fresh or Sliced Fruit
Assorted Vegetables

**Students must select ½ cup of Fruit or Vegetable.*

Choose one (1) from this group:

Assorted White Milk: 1% or Skim
Fat Free Chocolate or Strawberry Milk
Lactaid

Can't decide? All-in-one grab and go Breakfast Break-just choose your fruit!

Breakfast Price: \$1.50
Reduced Price Breakfast for those who qualify: \$.30
Free Breakfast for those who qualify.
You may pre-pay for all meals with your cashier.

Please join your friends to energize your day!

This institution is an equal opportunity provider.

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**Esta institución es un proveedor que ofrece igualdad de oportunidades.**