

Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services Coverage Period: 01/01/2021 - 12/31/2021

Horizon BCBSNJ: School Employees' Health Benefits Program- NJ Educators Health Plan (PPO) **Coverage for: All Coverage Types** **Plan Type: PPO**



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. Benefits may change upon renewal. For more information about your coverage, or to get a copy of the complete terms of coverage, visit Member Online Services at <http://www.nj.gov/treasury/pensions/index.shtml> or by calling 1-609-292-7524. If you do not currently have coverage with Horizon BCBSNJ you can view a sample policy here, <http://www.nj.gov/treasury/pensions/index.shtml>. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary at www.cciio.cms.gov or call 1-609-292-7524 to request a copy.**

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$350.00 Individual / \$700.00 Family for out-of-network providers. Aggregate family.	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your deductible?	Yes. Preventive care is covered before you meet your deductible.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan?	For Active employee in-network Health providers \$500.00 Individual/ \$1,000.00 Family. Retiree in-network Health providers \$500.00 Individual/ \$1,000.00 Family. Out-of-network providers \$2,000.00 Individual/ \$5,000.00 Family.	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit? Will you pay less if you use a network provider?	Premiums, balance-billing charges and health care this plan doesn't cover. Yes. For a list of in-network providers, see www.HorizonBlue.com/shbp or call 1-800-414-SHBP (7427).	Even though you pay these expenses, they don't count toward the out-of-pocket limit. This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.

A All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$10.00 Copayment per visit.	30% Coinsurance.	Out-of-network allowances for Chiropractic, Acupuncture and Physical Therapy services are limited to no more than \$35.00 per visit for Chiropractic, \$60.00 per visit for Acupuncture and \$52.00 per visit for Physical Therapy or 75% of the in network cost per visit, whichever is less.
	Specialist visit	\$15.00 Copayment per visit.	30% Coinsurance.	
If you have a test	Preventive care/screening/immunization	No Charge.	Not Covered.	One per calendar year. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
	Diagnostic test (x-ray, blood work)	No Charge.	30% Coinsurance.	none
If you need drugs to treat your illness or condition	Imaging (CT/PET scans, MRIs)	No Charge.	30% Coinsurance.	Requires pre-approval.
	Generic drugs			none
More information about prescription drug coverage is available through your employer.	Preferred brand drugs			
	Non-preferred brand drugs			
If you have outpatient surgery	Specialty drugs			
	Facility fee (e.g., ambulatory surgery center)	No Charge.	30% Coinsurance.	none
If you need immediate medical attention	Physician/surgeon fees	No Charge.	30% Coinsurance.	30% Coinsurance for out-of-network anesthesia.
	Emergency room care	\$125.00 Copayment per visit for Outpatient Hospital.	\$125.00 Copayment per visit for Outpatient Hospital. Deductible does not apply.	If admitted within 24 hours, the copayment is waived. Payment at the in-network level applies only to true Medical Emergencies & Accidental Injuries.

* For more information about limitations and exceptions, see the plan or policy document at <http://www.nj.gov/treasury/pensions/index.shtml>

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	<u>Emergency medical transportation</u>	<u>10% Coinsurance.</u>	<u>30% Coinsurance.</u>	Limited to local emergency transport to the nearest facility equipped to treat the emergency condition.
	<u>Urgent care</u>	<u>\$15.00 Copayment per visit.</u>	<u>30% Coinsurance.</u>	_____none_____
If you have a hospital stay	<u>Facility fee (e.g., hospital room)</u>	<u>No Charge for Inpatient Hospital.</u>	<u>30% Coinsurance for Inpatient Hospital.</u>	Requires pre-approval.
	<u>Physician/surgeon fees</u>	<u>No Charge for Inpatient Hospital.</u>	<u>30% Coinsurance for Inpatient Hospital.</u>	Requires pre-approval. <u>30% Coinsurance for out-of-network anesthesia.</u>
If you need mental health, behavioral health, or substance abuse services	<u>Outpatient services</u>	<u>No Charge for Outpatient Hospital.</u> <u>\$15.00 Copayment per Office Visit for Mental Health and Behavioral Health. No Charge for Substance Abuse Office Visit.</u>	<u>30% Coinsurance for Outpatient Hospital.</u>	Some specialty outpatient services require pre-approval.
	<u>Inpatient services</u>	<u>No Charge for Inpatient Hospital.</u>	<u>30% Coinsurance for Inpatient Hospital.</u>	Requires pre-approval.
If you are pregnant	<u>Office visits</u>	<u>\$10.00 Copayment per visit for Office. \$15.00 Copayment per visit for Office; Specialist.</u>	<u>30% Coinsurance.</u>	<u>Cost sharing does not apply for preventive services. Maternity care may include tests and services described elsewhere in the SBC (i.e. Ultrasound.)</u>
	<u>Childbirth/delivery professional services</u>	<u>No Charge.</u>	<u>30% Coinsurance.</u>	_____none_____
	<u>Childbirth/delivery facility services</u>	<u>No Charge.</u>	<u>30% Coinsurance.</u>	Requires pre-approval.

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Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need help recovering or have other special health needs	Home health care	No Charge.	30% Coinsurance.	Requires pre-approval.
	Rehabilitation services	No Charge for Inpatient and Outpatient Facility. \$15.00 Copayment per visit for Office.	30% Coinsurance.	Requires pre-approval. Out-of-network allowance for Physical Therapy services is limited to \$52.00 per visit or 75% of the in network cost per visit, whichever is less.
	Habilitation services	No Charge for Inpatient and Outpatient Facility. \$15.00 Copayment per visit for Office.	30% Coinsurance.	
	Skilled nursing care	No Charge.	30% Coinsurance.	Requires pre-approval. Limited to 120 days in-network and 60 out-of-network facility days for a combined maximum of 120 days per calendar year.
	Durable medical equipment	10% Coinsurance.	30% Coinsurance.	Requires pre-approval for all rentals and some purchases.
	Hospice services	No Charge.	30% Coinsurance.	Requires pre-approval.
If your child needs dental or eye care	Children's eye exam	\$15.00 Copayment per visit.	Not Covered.	Coverage is limited to 1 visit.
	Children's glasses	Not Covered.	Not Covered.	none
	Children's dental check-up	Not Covered.	Not Covered.	none

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Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic Surgery
- Long Term Care
- Routine foot care
- Dental care (Adult)
- Private-duty nursing
- Weight Loss Programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (for pain management only)
- Hearing Aids (Only covered for members age 15 or younger)
- Non-emergency care when traveling outside the U.S. (Subject to deductible/coinsurance and balance billing.)
- Bariatric surgery (requires pre-approval)
- Infertility treatment (requires pre-approval)
- Routine eye care (Adult)
- Chiropractic care (limited to 30 visits/year)
- Most coverage provided outside the United States. (Subject to deductible/coinsurance and balance billing.)

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Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the plan at 1-800-414-7427 (SHBP), the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov, or the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.getcovered.nj.gov or call 1-877-962-8448.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Horizon Blue Cross Blue Shield of New Jersey Member Services at 1-800-414-SHBP (7427). You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthcareform.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

.....To see examples of how this plan might cover costs for a sample medical situation, see the next section.

* For more information about limitations and exceptions, see the plan or policy document at <http://www.nj.gov/treasury/pensions/index.shtml>

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

- The plan's overall deductible \$0.00
- Specialist Copayment \$15.00
- Hospital (facility) Coinsurance 0%
- Other Coinsurance 10%

This EXAMPLE event includes services like:
Specialist office visits (*prenatal care*)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work*)
Specialist visit (*anesthesia*)

Total Example Cost \$12,700.00

In this example, Peg would pay:

Cost Sharing	
Deductibles	\$0.00
Copayments	\$20.00
Coinsurance	\$0.00
<i>What isn't covered</i>	
Limits or exclusions	\$70.00
The total Peg would pay is	\$90.00

Please note that some of the Limits or Exclusions listed above may be covered under the Prescription Plan.

Managing Joe's type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

- The plan's overall deductible \$0.00
- Specialist Copayment \$15.00
- Hospital (facility) Coinsurance 0%
- Other Coinsurance 10%

This EXAMPLE event includes services like:
Primary care physician office visits (*including disease education*)
Diagnostic tests (*blood work*)
Prescription drugs
Durable medical equipment (*glucose meter*)

Total Example Cost \$5,600.00

In this example, Joe would pay:

Cost Sharing	
Deductibles	\$0.00
Copayments	\$100.00
Coinsurance	\$0.00
<i>What isn't covered</i>	
Limits or exclusions	\$4,300.00
The total Joe would pay is	\$4,400.00

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

- The plan's overall deductible \$0.00
- Specialist Copayment \$15.00
- Hospital (facility) Coinsurance 0%
- Other Coinsurance 10%

This EXAMPLE event includes services like:
Emergency room care (*including medical supplies*)
Diagnostic test (*x-ray*)
Durable medical equipment (*crutches*)
Rehabilitation services (*physical therapy*)

Total Example Cost \$2,800.00

In this example, Mia would pay:

Cost Sharing	
Deductibles	\$0.00
Copayments	\$200.00
Coinsurance	\$100.00
<i>What isn't covered</i>	
Limits or exclusions	\$10.00
The total Mia would pay is	\$310.00

This plan has other deductibles for specific services included in this coverage example. See "Are there other deductibles for specific services?" row above.

The plan would be responsible for the other costs of these EXAMPLE covered services.

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